Dear Saybrook Community,

I write today to announce the formation of the The Dr. Eleanor Criswell Humanistic Psychology Institute-Saybrook University Founder’s Scholarship, and to ask you to join me in supporting the future of humanistic scholarship and practice at Saybrook University.

By way of this letter, we launch a campaign to seed this newly endowed fund with $25,000. Once that threshold is reached, Saybrook will begin awarding annual scholarships to incoming and continuing students who demonstrate a deep passion for, and commitment to, the principles of humanistic psychology and philosophy, as evidenced through their work as scholar-practitioners. Consider making a gift today to help us reach this goal (please select Dr. Eleanor Criswell Founder's Scholarship in the drop-down menu).

Dr. Eleanor Criswell is a leader in the fields of humanistic psychology and holistic health, and was the founding director/president of the Humanistic Psychology Institute, which later became Saybrook University. Recipients of the Dr. Eleanor Criswell Founder’s Scholarship must demonstrate a deep passion for the principles of humanistic philosophy in their scholarship application, along with an articulated commitment to championing these principles in their current or intended course of study at Saybrook, as well as in their future goals.

Recipients will be selected by a committee of faculty, administration, and community members, which will be assembled in collaboration with Dr. Criswell, or her designee.

Make A Gift Today

Nathan Long, President
Saybrook University

Dr. Eleanor Criswell
Founding Director/President, Humanistic Psychology Institute
Eleanor Criswell, EdD, C-IAYT, is Emeritus Professor of Psychology at Sonoma State University, where she taught for nearly 40 years. She has a Master's in Counseling and Guidance (University of Kentucky, 1961) and a Doctorate in Educational Psychology from the University of Florida (1968). She is Founding Director of the Humanistic Psychology Institute (1970) (now Saybrook University, Oakland). Director of the Novato Institute for Somatic Research and Training, she has written *Biofeedback and Somatics: Toward personal Evolution, How Yoga Works: An Introduction to Somatic Yoga*, and edited Cram’s Introduction to *Surface Electromyography*. She is one of the pioneers in the field of biofeedback, yoga education in the United States, and somatics. She served as President of the Association for Humanistic Psychology (1976), Division 32 (1999-2000), and the International Association for Yoga Therapists (2010-2013). She founded Freeperson Press in 1975 to publish books relevant to the field of humanistic psychology. She is a California licensed psychologist and practices humanistic psychotherapy. She is originator of Somatic Yoga, Equine Hanna Somatics®, and Canine Hanna Somatics®. She conducts trainings in Hanna Somatic Education. In the past 59 years she has worked with thousands of students and clients, women and men—all from a humanistic orientation. She is the first recipient of the Eleanor Criswell Hanna Award for Outstanding Contributions to Women in Humanistic Psychology given by Division 32—the Society of Humanistic Psychology, American Psychological Association.